

# The Kinderschool Adlerian Nursery



## DAILY SCHEDULE

### O V E R V I E W

9:00 - 9:15 AM 1:00 - 1:15 PM	DOORS OPEN – a time to greet our friends and to encourage independence. (humanistic)	
9:15 - 9:25 AM 1:15 - 1:25 PM	PUZZLE AND BOOK TIME – PUZZLE AND BOOK TIME – a time for choices, problem solving and creativity. (cognitive / individual / passive / small manipulative / fine motor skills)	
9:25 - 9:55 AM 1:25 - 1:55 PM	We put away our puzzles and books and come to the carpet for languages, alphabet & letters, math, singing, music, co-operative games, finger plays and discussions. (listening / responsibility / group / active and passive / cognitive)	
9:55 - 10:25 AM 1:55 - 2:25 PM	FREE PLAY – this is a time for socialization when speaking up and listening is encouraged. It is a time for taking turns, sharing and caring. Some of the activities are: big toys (train tracks / wooden blocks / balancing beam / climber / slide), dressing up, family centre, creating with paint, glue and playdough and individual cognitive work. During the early part of the year we introduce new toys and activities gradually, taking time for training. (group / active / social / emotional / language / life skills / respect for uniqueness / large motor skills)	
10:25 - 10:30 AM 2:25 - 2:30 PM	TIDY UP – children are encouraged to put toys away and prepare for snack– they do enjoy putting away after themselves when their efforts are appreciated. (group cognitive / active / cooperation / autonomy / responsibility)	
10:30 - 10:50 AM 2:30 - 2:50 PM	SNACK TIME – we serve growing food, e.g. fruit, vegetables and water. (cognitive / group / passive / social / small muscles / manipulative / life skills)	
10:50 - 11:10 AM 2:50 - 3:10 PM	STORY TIME – Show & Tell, explorative questions and expressive responses. (group / active and passive / cognitive)	
11:10 - 11:20 AM 3:10 - 3:20 PM	GOOD BYE – “We can do it” - we put on our coats and boots and sing our good-bye song. This is the effective time for training and for encouragement. (group / physical)	
11:20 - 11:30 AM 3:20 - 3:30 PM	DISMISSAL – the children are encouraged to wait on the carpet and listen for their names while the teacher greets waiting parents at the door. This develops good listening skills while keeping the children safe. “Who goes with Susan?” (social / emotional / intellectual)	
11:30 AM & 3:30 PM	DOORS CLOSE	FULL TIME STUDENTS ATTEND 9:15 - 3:15

- All times for activities are approximate.

- Our daily plan includes room for individual interests, needs and cognitive level.

- Our routine is strong and flexible.

- This plan was developed and refined by advanced primary specialists over 25 years.